

Global Human Flourishing @UF Symposium:

*Inspiring Science, Wisdom and
Compassionate Action*

**Thursday
April 4, 2024**

**UF Smathers Library, Rm 100
8:15 AM - 02:15 PM**

Featuring Keynote Speakers:



Dr. Monika Ardelt
**“Moral Virtues, Spirituality,
and Flourishing: Why Does
Wisdom Matter?”**

Is it wise to be good or is it good to be wise? The presentation will explore whether morality and spirituality are necessary for the development of wisdom and, conversely, whether wisdom might strengthen morality and spirituality and lead to flourishing.



Dr. Yao-Chin Wang
**“Mindfulness in Hospitality
and Tourism: Applications
and Research Findings”**

This presentation will showcase mindfulness-related applications in the hospitality and tourism industries. Dr. Wang will also share research findings from his hospitality and tourism studies in mindfulness.

8:15 AM - 2:00 PM	Registration Opens & Ongoing Drop-in/Drop-out as your schedule allows	
8:30 AM - 8:50 AM	Opening Remarks & Best Paper Mindfulness Awards	Dr. Sabine Grunwald
8:50 AM - 9:20 AM	Practice: Grounding Ourselves in Compassion	Trish Magyari
9:35 AM - 10:25 AM	Keynote Talk	Dr. Yao-Chin Wang
10:40 AM - 11:30 AM	Mindfulness & Global Human Flourishing Panel with Dr. Sabine Grunwald, Dr. Leva LaMontagne, and Dr. Elizabeth Washington,	Moderator: Dr. Ana Puig
11:45 AM - 12:35 PM	Keynote Talk	Dr. Monika Ardelt
12:50 PM - 1:20 PM	Practice: Rest & Reflect Sound Meditation	Dr. Kim Holton
1:20 PM - 1:45 PM	Diving Deeper & Closing	Jen Kennymore & Dr. Sabine Grunwald
until 2:15 PM	Connect & Socialize	All Attendees

**Detailed Program
& Registration
Information**



**Drop-In/Drop-Out
As Your Schedule
Allows**